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Product Name: NSD Power® Spinner - Metal + Counter (Silver 350Hz) Manufacturer: -

Model Number: TGS2102

POWER. SPEED. CONTROL. THESE ARE THE ATTRIBUTES THAT ANY ATHLETE DESIRES. And the original NSD Power® Ball will deliver them.

Go ahead, give it a spin. For fourteen years the NSD Power® Ball have helped golfers, tennis players, trainers and athletes alike. The precision bearing controlled gyroscope will give your wrist and forearm a workout and achieve what hours of training with dumbbells will do, in just matters of minutes. And with your arms and wrists conditioned to tackle and control the most rigorous sports activities, you can also overcome the daily grind of repetitive stress induced injuries at work. But most of all...

...IT'S FUN FOR EVERYONE!

Challenge a friend. Challenge a co-worker. Or Challenge a family member. See who can make the NSD Power® Ball spin faster or glow brighter*. See who can keep their gyro spinning longer. Or break it out during "break time" at work as your co-workers gather to watch in awe. You can have fun while exercising, or exercise while you have fun.

A minute a day is all it takes. Give it a spin!

NSD Power® Ball - Regular & Regular + Counter

Our most basic model available. A sleek and stylish blue plastic shell encases a high precision gyroscope in this Regular NSD Power® Ball! Generate your own angular momentum and use the gyroscopic resistance to train your wrist and forearm in a small package. A few minutes a day with this model will give you all the flexibility and fine muscle control to stave off repetitive sports injury.

For those of you that are more competative and would like to monitor your progress, you can challenge your friends and family and see who's the fastest spinner! An LCD counter displays elapsed time, RPM, top RPM, and a count down to help you achieve your exercise goals. Comes in an attractive, translucent blue or amber colour with an ergonomic grip.

Supplied with full instructions and starter cord.

NSD Power Ball - Blue

NSD Power Ball - Amber

NSD Power® Ball - Light & Counter

Keep track of your wrist and forearm work-out and push yourself to get stronger! This NSD Power® Ball not only features an advanced counter that displays your work-out information on a compact LCD screen, but also magicly glows while your work-out energy is converted into electricity to drive an array of LEDs on the gyroscope, and provides a wonderful light show in the respective colour to entertain everyone in your presence! The coloured plastic is high quality, impact resistant and provides a unique hue to the light emitted by the diode.

Supplied with full instructions and starter cord.

Blue Light & Counter

Green Light & Counter

Amber Light & Counter

Multilight (no counter)

NSD Power® Ball - Autostart (no string required)

We've made using the NSD Power® Ball to strengthen your wrist and arms easier than EVER! This Roll 'n Spin "Autostart" model incorporates a pre-tensioner inside the gyroscope that allows for a simple roll back to spin up the gyro with enough momentum to get you started.

The Autostart + Counter & LED Lights, is a Rainbow Lit NSD Power® Ball that lights up your exercise routine with multiple colors. The digital LCD counter tracks your speed and progress while the colour changes from blue to red the faster it spins! Comes in a

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beautiful purple plastic shell. NSD Power Ball - Autostart (Black) NSD Power Ball - Autostart + Counter (Black) NSD Power Ball - Autostart + Counter & Lights (Purple) NSD Power® Ball - Metal & Metal High Speed NSD Power Ball - Metal & Counter (350Hz) The amazing 350 Hz Metal, including RPM Counter is simply outstanding. Due to the heavy metal rotor this Powerball generates pulverising torque even at low speeds and is advised only for experienced Powerballers. Supplied with beautiful perspex magnetic display case. Supplied with full instructions, 2 starter cords and spare parts kit. NSD Power Ball - Metal, High Speed & Counter (350Hz) The much anticipated 350 Hz Metal High Speed, including RPM Counter with lightweight rotor is capable of speeds in excess of 21,000 RPM. This beautiful gold plated Powerball is supplied with a transparent magnetic display case and is the ultimate collectors item for the Powerball lover. Exercise has never been so bling! Supplied with full instructions, 2 starter cords and spare parts kit. Accessories **RPM Counter** The standalone RPM Digital rev counter can be added any of the NSD Power® Ball models not supplied with a counter. It simply clips in on top, in place of the existing plastic disc. Time to find out just how fast you can spin that Powerball....? Wrist Strap The Wrist Strap attaches to your NSD Power® Ball to secure it to your wrist during use, preventing any drops and consequent damage. Startup String All NSD Power® Balls include at least one Starter Cord (except of course the Autostart models). If you are purchasing a Power® Ball you do not need to purchase these separately unless you want an extra cord or two... For your reference, you're welcome to visit the manufacturer's web site at www.nsd.com.tw to see for yourself how the Original Power Ball should look.

Price: R1,198.80

Availability: This product was added to our catalog on Monday 28 July, 2014